

ODTÜ DOJO

2-1 Derece Sınavı Teknik Listesi

Suwari Waza

Aihanmi Katate Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Iriminage,
Kote Gaeshi

Gyakuhanmi Katate Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Iriminage, Kote Gaeshi,
Shihonage

Kata Dori

Ikkyo, Nikkyo, Iriminage, Kote Gaeshi, Kokyu Nage

Muna Dori

Ikkyo, Nikkyo

Ryote Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Kokyuho

Shomen Uchi

Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo, Hiji Kime Osae,
Iriminage, Kote Gaeshi

Ryo Kata Dori

Ikkyo, Nikkyo

Kata Dori Men Uchi

Ikkyo, Nikkyo, Iriminage, Kote Gaeshi

Jodan Tsuki

Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo, Iriminage,
Kotegaeshi

Yokomen Uchi

Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo, Hiji Kime Osae,
Iriminage, Kotegaeshi

Hanmi Handachi Waza

Gyakuhanmi Katate Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Kotegaeshi, Iriminage, Kotegaeshi, Uchi Kaiten Nage, Soto Kaiten Nage, Uchi Kaiten Nikkyo, Soto Kaiten Nikkyo, Shiho Nage, Sumi Otoshi, Kokyu Nage,

Ryote Dori

Ikkyo, Nikkyo, Irimi Nage, Kote Gaeshi, Shiho Nage

Shomen Uchi

Ikkyo, Iriminage, Sumi Otoshi

Ushiro Ryo Kata Dori

Ikkyo, Nikkyo, Sankyo, Kotegaeshi, Kokyu Nage

Tachi Waza

Aihanmi Katate Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Irimi Nage, Kote Gaeshi, Shiho Nage, Ude Kime Nage, Hijikime Osae, Sumi Otoshi, Uchi Kaiten Nage, Uchi Kaiten Nikkyo, Uchi Kaiten Sankyo, Soto Kaiten Nage, Soto Kaiten Nikkyo, Soto Kaiten Sankyo, Koshi Nage, Kokyu Nage, Jiyuwaza

Gyakuhanmi Katate Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Irimi Nage, Kote Gaeshi, Shiho Nage, Ude Kime Nage, Hijikime Osae, Sumi Otoshi, Uchi Kaiten Nage, Uchi Kaiten Nikkyo, Soto Kaiten Nage, Soto Kaiten Nikkyo, Tenchi Nage, Koshi Nage, Kokyu Nage, Jiyuwaza

Shomen Uchi

Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo, Irimi Nage, Kote Gaeshi, Ude Kime Nage, Shiho Nage, Soto Kaiten Nage, Uchi Kaiten Nage, Uchi Kaiten Sankyo, Soto Kaiten Sankyo, Aiki Otoshi, Ganseki Otoshi, Ushiro Kiri Otoshi, Koshi Nage, Aiki Nage, Kokyu Nage, Jiyuwaza

Chudan Tsuki

Ikkyo, Nikkyo, Gokyo, Irimi Nage, Kote Gaeshi, Tenchi Nage, Ude Kime Nage, Hijikime Osae, Soto Kaiten Nage, Uchi Kaiten Nage, Uchi Kaiten Sankyo, Soto Kaiten Sankyo, Koshi Nage, Kokyu Nage

Ryote Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Irimi Nage, Kote Gaeshi, Tenchi Nage, Shihonage, Ude Kime Nage, Juji Garami, Koshi Nage, Kokyu Nage

Yokomen Uchi

Ikkyo, Nikkyo, Sankyo, Yonkyo, Gokyo, Irimi Nage, Kote Gaeshi, Shiho Nage, Hiji Kime Osae, Uchi Kaiten Nage, Uchi Kaiten Sankyo, Ude Kime Nage, Koshi Nage, Kokyu Nage

Morote Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Irimi Nage, Kote Gaeshi, Shiho Nage, Ude Kime Nage, Juji Garami, Koshi Nage, Kokyu Nage

Kata Dori

Ikkyo, Nikkyo, Iriminage, Kote Gaeshi, Uchi Kaiten Nikkyo, Soto Kaiten Nikkyo, Sumi Otoshi, Kokyu Nage

Ryo Kata Dori

Ikkyo, Nikkyo, Aiki Otoshi, Kokyu Nage

Muna Dori

Ikkyo, Nikkyo, Sankyo, Yonkyo, Iriminage, Kotegaeshi, Shihonage, Uchi Kaiten Sankyo, Sumi Otoshi, Kokyu Nage

Kata Dori Men Uchi

Ikkyo, Nikkyo, Iriminage, Kote Gaeshi, Shiho Nage, Koshi Nage, Juji Garami, Kokyu Nage

Muna Dori Men Uchi

Ikkyo, Irimi Nage, Shiho Nage, Juji Garami

Sode Dori

Ikkyo, Sumi Otoshi, Shiho Nage

Sode Dori Jodan Tsuki

Ikkyo

Jodan Tsuki

**Ikkyo, Nikkyo, Kote Gaeshi, Irimi Nage, Shiho Nage,
Aiki Otoshi, Ganseki Otoshi, Ushiro Kiri Otoshi, Koshi Nage**

Suihei Uchi

Ikkyo, Irimi Nage

Mae Geri

Irimi Nage

Ushiro Waza

Ryote Dori

**Ikkyo, Nikkyo, Sankyo, Irimi Nage, Kote Gaeshi,
Udekime Nage, Hiji Kime Osaе, Kaiten Nage, Shiho Nage,
Koshi Nage, Kokyunage**

Katate Dori Kubi Shime

**Ikkyo, Nikkyo, Sankyo, Yonkyo, Iriminage, Kotegaeshi,
Juji Garami, Shihonage, Koshi Nage**

Ryo Kata Dori

**Ikkyo, Nikkyo, Sankyo, Shihonage, Ude Kime Nage,
Kotegaeshi, Irimi Nage, Aiki Otoshi**

Eri Dori

Ikkyo, Iriminage

Eri Dori Men Uchi

Ikkyo, Iriminage, Kote Gaeshi, Shiho Nage

Hagaijime

Kokyu Nage

Tanto Dori

Chudan Tsuki

**Ikkyo, Gokyo, Kote Gaeshi, Irimi Nage, Udekime Nage,
Udegarami, Hijikime Osae**

Jo Dori

Chudan Tsuki

**Ikkyo, Tenchi Nage (Gyaku Hanmi, Aihanmi),
Shihonage (Gyaku Hanmi Aihanmi), Sumi Otoshi, Kokyu
Nage**

Jo Nage

Morote Dori

Kokyu Nage

Tachi tai Tachi

Shomen Uchi

Jiyuwaza

Sannin Gake

Ryo Kata Dori

Kokyu Nage
